

Counseling Services: Residential/Inpatient Treatment Services - PROGRAM SUMMARY

****Resource for Gamblers & Loved Ones**

- ❖ Problem gambling specific programs and services offered through the 888-ADMIT-IT HelpLine include individual mental health counseling referrals, provided by a specific network of licensed, certified gambling addiction treatment providers throughout the state of Florida. All FCCG referred counselors have received specialized training to work with the unique impacts caused by problem gambling.
- ❖ Treatment from trained professionals can assist in finding ways to cope with stress and begin recovery from addiction to gambling. Mental health, addiction and other health care professionals are trained to understand and treat the unique circumstances and experiences of problem gamblers and those adversely affected.
- ❖ Receiving professional treatment differs from self-help groups by providing the opportunity to share personal information in an individual setting through one-on-one dialogue with a licensed, certified, and trained specialist. Treatment can be provided in a variety of ways, including individual, couples, or group counseling sessions.
- ❖ While there is a cost for professional treatment, some insurance companies do provide coverage. Therefore, it is important to review your own policy to determine whether you and your loved ones are covered for such medical help. The FCCG's list of treatment professionals provided through the HelpLine may be able to utilize your insurance or establish a sliding scale fee.

❑ **In-Patient/Residential Treatment Programs** - For the small percentage of problem gamblers in need of more intensive supports, the FCCG provides in-patient residential treatment program referrals through the HelpLine. The FCCG is committed to only providing referrals for residential/inpatient treatment to treatment facilities that meet the standard of delivering gambling-specific services to the problem gambling population. Finding comparable opportunities to these out of state residential facilities that are located in Florida is an ongoing goal. Although efforts have been made in this regard, the challenge of having a certified provider of gambling addiction on staff and a gambling addiction only treatment track, continues to be a barrier to in-state residential programs. At this time, all residential/inpatient treatment facility HelpLine referrals are for programs that are located outside the state of Florida. ****Important distinction as to why we don't have Florida Residential Facility Referrals in iCarol.**

See Next Page for List of Five (5) In-Patient/Residential Treatment Programs as of July 1, 2022:

1) ALGAMUS RECOVERY SERVICES

8705 E. EastRidge Drive Prescott Valley, AZ 86314

www.algamus.org

algamus@algamus.org

Ph: 866-GAMBLER

Fax: 928-708-9620

Residential, IOP, OP

Algamus is a gambling disorder rehab program that treats only gambling addiction. Our gambling-specific addiction treatment program allows patients to discover, experience, and practice important skills needed in order to achieve a successful recovery from their gambling addiction.

Recovery from gambling addiction is possible, but it requires an interdisciplinary approach. We offer a variety of therapies designed to address specific issues and concerns of our patients. Our patients attend gambling-specific support groups, work with a team of Internationally Certified Gambling Counselors, financial pressure relief counselors, and a Psychologist who will address both the emotional and practical issues of a gambling addiction.

- Low client-to-therapist ratio;
- Highly individualized treatment;
- Dual-diagnosis approach where the addiction and it's source are addressed;
- Over 28 years of success;
- Integration with Gambler's Anonymous and the 12-step model;
- A serene location at our lodge in the Arizona mountains;
- Covered by most* commercial insurance providers.

Algamus is one of the only residential gambling treatment programs in the United States that treats gambling and only gambling. Many of our staff are in recovery from gambling addiction and understand as few do the unique issues surrounding the gambling disorder. We are an intimate program and our staff to patient ratio is almost one to one.

2) CENTER OF RECOVERY (CORE)

635 Stoner Avenue Shreveport, LA 71101

318-424-4357

www.centerofrecovery.org

Program Type: Residential, IOP

The Center of Recovery (CORE) opened its doors in 1999 with the vision to bring a place of help and hope to suffering gamblers. We are a residential facility offering treatment to those afflicted with gambling problems from within the state of Louisiana and around the world. Our facility provides a home/family-like environment, accommodating up to 21 adults, with one handicap accessible bedroom. Upon entering our facility, people comment on the comfort and beauty of the facility and grounds. We believe everyone deserves the opportunity to become healthy and successful in their life and to do this in the most comfortable surroundings possible. Being a client at CORE allows people to explore new life choices, to reside in an environment of recovery and to have encouragement from others to change. Are you ready to join us on the road to your recovery?

If you know you're ready for help call [1-877-587-5224](tel:1-877-587-5224) and speak with an Intake Specialist.

3) PROJECT TURNABOUT/VANGUARD

660 18th Street P.O. Box 116 Granite Falls, MN 56241

320-564-4911

www.projectturnabout.org

Program Type: Residential

Vanguard Center for Gambling Recovery

Our Vanguard Center for Gambling Recovery is a residential program solely for those suffering from problem gambling. Beginning with a comprehensive, realistic personal treatment plan, the Center offers men and women – ages 18 and older – the tools necessary to begin their process to recovery from gambling and discover some of the obstacles in their lives that may challenge long-term recovery.

Located on our Granite Falls Main Campus, it offers a safe, serene environment for individuals to rediscover life without gambling. Though Vanguard is an independent program within Project Turnabout, patients share common areas and the resources of the entire facility. These include Central Medical and Withdrawal Management services, nursing services, and nutrition and fitness services. All the while remaining an exclusive program, operating independent of all Alcohol and Drug Recovery programming.

4) WILLIAMSVILLE WELLNESS

10515 Cabaniss Lane Hanover, VA 23069

877-559-Well (9355)

www.williamsvillewellness.com

Program Type: Residential, IOP

The Most Comprehensive Residential Center in the United States for Gambling Addiction Treatment.

These two words in our license to treat speak to the quality of the care and expertise of the staff. Virginia recognizes that Gambling Addiction is a specific area of expertise offered at Williamsville Wellness, as opposed to other centers which are licensed to treat mental disorders, a very broad category.

Compulsive Gambling Treatment: 21-day Program

What you can expect:

- 15+ individual sessions per week
- 18+ hours of group sessions per week
- Includes family/partner sessions, on-site or by phone
- Focus on Gambling Addiction Treatment

[804-599-4357](tel:804-599-4357)

In the 21-day program we will focus on:

- An in-depth assessment of your gambling history, severity, triggers, and signs of relapse
- Screening for co-occurring mental health problems through psychological testing and psychiatric evaluation
- Addressing mental health problems through therapy techniques aimed at teaching: coping skills, communication skills, motivation for change, emotion regulation, impulse control, reducing procrastination, and anger management
- Providing education about the mental and physical effects of compulsive gambling and codependency
- Assistance handling financial and legal problems
- 12-Steps of Gamblers' Anonymous and SMART Recovery
- Emphasis on medical management issues
- Physical health through massage, exercise, yoga, and nutrition planning
- Helping you create an individualized recovery plan and aftercare appointments so that you may continue your success in recovery after discharge

Why Choose 21 Days?

If you have co-occurring mental health (or other) issues and need adequate time to address them in treatment

Designed for people with medical management issues

Work in-depth on family issues as part of the gambling addiction treatment

Receive adequate time to solidify your recovery and aftercare plan prior to leaving

Our Gambling Rehab Program provides an in-depth focus on aspects of compulsive gambling and how to attain active recovery from gambling addiction. The program starts with sessions that focus on the root of the addiction, particularly its severity and potential triggers. We will also conduct mental health screening, psychological testing and provide a diagnosis before creating an individualized recovery plan for the client.

Main goal: *problem assessment and future planning, with opportunities to learn and practice recovery management skills while addressing all areas of your individualized treatment plan.*

5) BRIDGEWAY RECOVERY SERVICES

PO Box 17818
Salem, OR 97305
Main: (503) 363-2021
Detox: (503) 399-5597

[How to Stop Problem Gambling, Overcoming Gambling Addiction - Bridgeway Recovery Services](#)

Program Type: Residential

Bilingual services are available for all of our treatment programs.

Compulsive Gambling Treatment: 6-8 Week Program

The Santiam House is the only residential program in the Pacific Northwest that is designed exclusively for individuals and families affected by Problem Gambling.

Bridgeway takes the treatment of gambling addiction seriously. Our problem gambling counselors are certified by the State of Oregon to provide help with problem gambling and co-occurring addictions and mental health issues from root to recovery.

What to Expect

The neighborhood setting alongside Mill Creek provides a safe, confidential environment, with easy access to many gambling recovery resources within the community. Our professional staff and peer supports will help you establish a sustainable recovery plan and guide you through financial planning, gambling education and relapse prevention, and achieving emotional wellbeing using individual, family, and group counseling.

Length of Program

Average length of stay is 6-8 weeks.

Getting Started to Stop

Our residential treatment program is designed to provide rehabilitation for people whose symptoms have reached a point to where daily life has become unmanageable. During the 35 hours of active therapies each week residents learn to self-manage their addiction and make positive changes.

Whether your goal is to end drug or alcohol dependence or to stop gambling, we start by assessing your condition, personal history and motivational challenges, addressing both immediate and ongoing concerns.

Finding Balance and Relief

To help you attain a healthy, holistic life balance we provide recreational activities, access to off-site meetings and self-development courses, and nutritionally balanced meals served by our talented executive chefs.

Clean, pleasant living quarters, and a compassionate staff of certified professionals make our residential programs a comfortable “home base” for your healing and lasting recovery. And because involving loved ones is integral to treatment, friends and family are urged to visit by attending our weekly family visiting time and participating in our family education support program.

A Friend in Your Corner

Bridgeway ensures that all individuals and their families are treated with dignity, compassion and encouragement. Individuals will receive personal support from our certified counseling and other trained staff—and from mentors, who themselves are experiencing a life free from addiction.